

Event Disclaimer

I understand and agree that I have read and fully understood all the terms of the Disclaimer set out below. I confirm that I am aware that I will be required to sign the Registration Form to say I have read and understood the Disclaimer before taking part in the Million Steps Challenge. I acknowledge that the nature of my participation in the Million Steps Challenge's activities and use of the Million Steps Challenge's facilities is potentially hazardous and that if I am unwilling to accept the risks associated with my participation, I should not enter or take part in this event.

The organisers are Little Hiccups and 161 Armley Killer Stairs.

Communication

Little Hiccups uses email to communicate with its participants. By entering this event, I agree to receive emails regarding this **specific** event. Little Hiccups will not use your email address for anything else.

Run Format Alterations or Cancellations

The Organisers reserves the right to cancel the event due to circumstances beyond its reasonable control or for any safety related reason.

Final Decision

Accordingly, I agree to comply with all event rules and all instructions and guidelines given by The Organisers, stewards, marshals, and safety personnel.

Photography

I give permission to the Organiser to use my photograph and/or any other record of my participation in the Million Steps Challenge for any legitimate purpose.

Health

I am sufficiently fit and healthy to safely participate in the Million Steps Challenge and do not suffer from any medical condition which would adversely affect my ability to safely participate in all activities at the Million Steps Challenge. If for whatever reason, you feel you should need First Aid, please inform the organiser at the Registration Table.

We encourage all participants to warm up and cool down after participating. Please dress appropriately for the event and keep yourself hydrated

Children

Children remain the responsibility of parent/carer's at all time and must also be registered by a responsible parent/carer. They should only enter the challenge under the supervision of parent/carers at all time. Children will be allowed to join in the Million Steps Challenge but will not be counted towards the final scores. For Health and Safety reasons, they will only be allowed to run at certain times. Please check with an Organiser before joining in.

Be considerate of the public

Please be aware that we are in a public park. Please give way to passerby's. Please keep any bags/drinks/etc away from public paths and the 161 Stairs and make sure all rubbish is disposed of correctly.