



# Little Hiccups Holiday Information Pack



Little Hiccups, c/o 63 High Ridge Park, Rothwell, Leeds LS26 0NL  
Tel: **07831 230741** Email: [info@littlehiccups.co.uk](mailto:info@littlehiccups.co.uk) Web: [www.littlehiccups.co.uk](http://www.littlehiccups.co.uk)  
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## **Welcome to Little Hiccups**

Little Hiccups is a Leeds based support group that has been set up by parents who have children with special needs.

Through personal experience they recognise the importance of allowing the parents and families of a child with a disability the opportunity to meet people in similar situations, to make friends and support each other.

Thank you for showing in an interest in volunteering for Little Hiccups. The committee values your support and welcomes you to Little Hiccups

Little Hiccups recognise that if you have a child that has complex needs that it is not always easy to get that much needed short break with your family as there are so many other things to take into consideration.

Families of disabled children are more likely to experience family breakup. But short breaks can help reduce family stress and prevent families from reaching crisis point. It's about enhancing emotional wellbeing, building resilience, and improving life chances. With short breaks, disabled children and their families are doing things that they never before thought possible.

That is why in 2019, Little Hiccups' 10th Anniversary, we are funding a short trip for ten families. It is our aim to provide a safe, fully accessible holiday that includes all members of the family. There will also be a trained Nurse available at all time so that parents/carers can also have a much needed break in the knowledge that their child is well looked after.

Children remain the responsibility of their parents/carers at all time.

## About the Venue

Little Hiccups has hired out 6 lodges for one week in Rosliston Forestry Centre, Derbyshire. Each family will have a 3 day stay.

Set in the grounds of Rosliston Forestry Centre, the 6 luxury lodges, each with their own secluded spot offer a relaxing woodland stay surrounded by birds and wildlife, at any time of the year.

On the inside, you'll find a luxury hideout with comfy sofas, quality beds and a kitchen fully equipped for self catering – so you can eat, sleep and lounge to your heart's content. Each lodge also has a private terrace with barbeque.

At Rosliston, they are proud of their record in providing fully accessible facilities across the site for people with disabilities. They have electric mobility scooters and wheelchairs available for hire (charges apply) and an all terrain Trumper vehicle so you can get out and truly explore Rosliston's beauty.

Rosliston Forestry Centre has been designed for visitors with a variety of different accessibility needs.

The Centre itself offers Free Parking for Disabled Blue Badge Holders and around half of the site's surface paths are fully accessible for wheelchair users. Other pathways are comprised of grass or gravel.

Mobility Scooters and Wheelchairs are available for day visitors to use throughout your visit, free-of-charge although we do ask for users to donate a voluntary contribution for their use.

Ramps and railings can be found at all building entrances such as the Cafe, Shop and Play Areas and all buildings feature widened doorways for ease of access for wheelchair users.

Mobility Scooters are regrettably not permitted in The Hub Cafe for public safety reasons and they respectfully invite scooter users to use one of our free-to-use wheelchairs visiting the Cafe, if required.

Disabled toilet facilities can be found in the Main Building including wheelchair-accessible toilets, a wetroom shower and an Adult Changing Bed with hoist.

Their Children's Play Areas are wheelchair-accessible and also feature specialist play equipment suitable for use by disabled guests. Specific equipment includes a roundabout, a swing, a slide and a trampoline.

Many of their outdoor activities are also suitable for disabled visitors to participate in, including Archery sessions, Falconry, Laser Games and Soft Play.

## About the Lodges

Made from FSC certified timber from sustainable sources, our Forest Lodges are hidden away in their own private grassed area of our blossoming woodland. All our timber cabins are made from locally sourced materials and the wood panels are designed to age and weather to be in keeping with the natural environment.

All lodges are tastefully furnished and offer superb comfort with under floor heating, double-glazing and flat screen colour TV. Kitchens are fully equipped for self-catering with microwave, fridge freezer, dishwasher, hob and oven.

The cabins are fully accessible for people with disabilities and we have a range of special equipment available for a small hire charge, from travel cots and high chairs to medical beds and hoists. Prices start from as little as £10.00.

All of our buildings are wheelchair accessible with ramps, 80-85cm widened doors and our luxurious Forest Lodges have been specifically designed to accommodate wheelchair users.

All of our lodges feature lowered kitchen worktops, pull cord light switches, accessible wetrooms, shower chairs, toilets and sinks. Our larger lodges also feature electric beds with adjustable head and foot positions.

From built-in wetroom shower chairs to easy-to-use can openers, we've tried to think of everything and even have a range of specialist care equipment available to hire for an additional hire fee, as required.

Please note that hospital beds and hoists can only be accommodated in Chestnut Lodge.

Pets are welcome in selected lodges. Cedar and Oak lodges welcome up to 2 dogs per lodge.

Website link: <http://www.roslistonforestrycentre.co.uk/home/lodge>

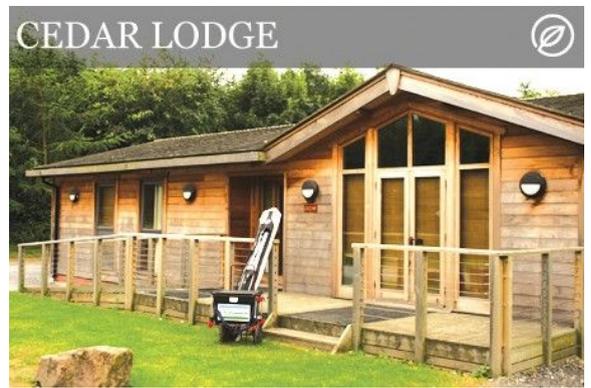


**CHESTNUT LODGE - rated 3\***

*4 Bedrooms ~ Sleeps up to 10*  
 Bedroom 1 – 2 single beds  
 Bedroom 2 – 2 single beds  
 Bedroom 3 – 1 single electric & 1 set of bunk beds (3 beds in total)  
 Bedroom 4 – 1 single & 1 set of bunk beds (3 beds in total)  
 Sofa bed in lounge if required

Can accommodate Hospital bed & hoists

No pets permitted

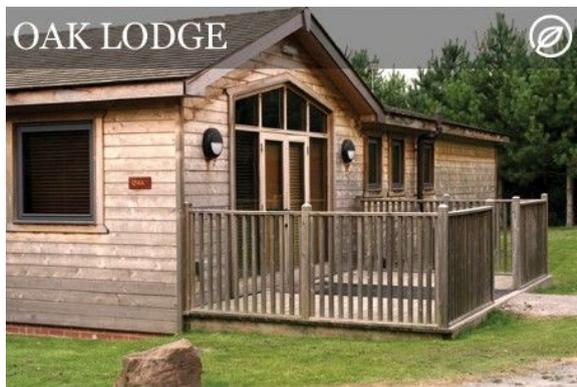


**CEDAR LODGE - rated 3\***

*3 Bedrooms ~ Sleeps 8 + sofa bed*  
 Bedroom 1 – 2 single beds  
 Bedroom 2 – 2 single beds (1 is electric)  
 Bedroom 3 – 2 sets of bunk beds (4 beds)  
 Sofa bed in lounge if required

Not suitable for hospital bed or hoists

Pet friendly (2 dogs max.)

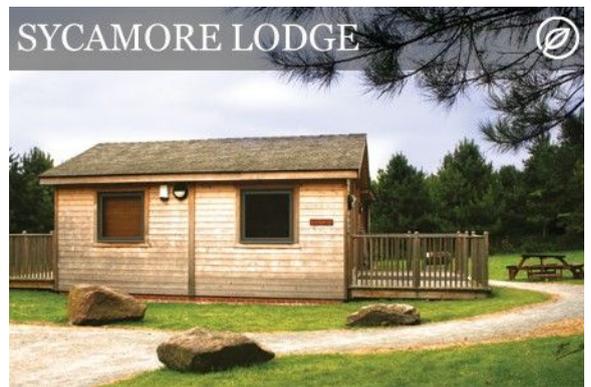


**OAK LODGE - rated 3\***

*3 Bedrooms ~ Sleeps 8 + Sofa Bed*  
 Bedroom 1 – 2 single beds  
 Bedroom 2 – 2 single beds  
 Bedroom 3 – 2 sets of bunk beds (4 beds)  
 Sofa bed in lounge if required

Not suitable for Hospital bed or hoists

Pet friendly lodge – 2 pets maximum



**SYCAMORE LODGE - rated 3\***

*3 Bedrooms ~ Sleeps up to 10*  
 Bedroom 1 – 2 single beds  
 Bedroom 2 – 2 sets of bunk beds (4 beds)  
 Bedroom 3 – 2 sets of bunk beds (4 beds)

Not suitable for Hospital bed or hoists

No pets permitted

## ROWAN LODGE



## BIRCH LODGE



### **ROWAN LODGE - Rated 4\***

*2 Bedrooms ~ Sleeps 4 + sofa bed*

Bedroom 1 – 1 King size bed (can be split into 2 singles upon request)

Bedroom 2 – 2 single beds

Sofa bed in lounge if required

Can accommodate Hospital bed & hoists

No pets permitted.

### **BIRCH LODGE - Rated 4\***

*2 Bedrooms ~ Sleeps 4 + sofa bed*

Bedroom 1 – 1 King size bed (can be split into 2 singles upon request)

Bedroom 2 – 2 single beds

Sofa bed in lounge if required

Can accommodate hospital bed and hoist

No pets permitted

## Criteria for Eligibility

- Families must be current Little Hiccups families and at the time of applying be on at least 5 Family Fun Day events and/or Stay n' Play sessions.
- Children must be aged between 0-16 up until 23rd August 2019
- You must be available between 16th Aug and 23rd Aug 2019
- We will accept joint applications with another family as some lodges sleep 8-10 but please check that the lodges will fit your requirements before applying. Please use the same application form with one contact

## Process of Application

<b>Date</b>	<b>Process</b>
24th November 2018	Application Forms released
28th February 2019	Deadline for return of forms
31st March 2019	Successful applicants informed
5th July 2019	Deposit deadline
Fri 16th Aug - Tues 20th Aug	First holiday days
Tues 20th Aug - Fri 23rd Aug	Second holiday days

# Terms and Conditions

## Little Hiccups Terms and Conditions

- Our goal is to support Little Hiccups families. We are only accepting application from families that have been to at least 5 Family Fun Days and/or Stay n Play sessions. Before going to panel review a page by the administrator with sessions attended. **This will be taken into consideration in the decision making process but will be by no means the over ruling factor.**
  - Applications going onto the panel will be anonymous. The first page with contact details on will be removed as will any other identifying features No names should be mentioned during the application process other than on the initial page.
  - Late application forms cannot be accepted
  - Only fully completed and signed application forms can be accepted
  - Children remain the responsibility of parents/carers at all times
  - Little Hiccups will pay for accomodation, essential hired equipment and any pre-organised events. Families however, are responsible for their own transport and for providing their own food and drink (The site does accept online deliveries from supermarkets)
  - Little Hiccups ask that successful applicants pay a £50 deposit via Paypal to secure their booking and to cover any breakages that may occur. Please take care of the properties. You are responsible for any breakages or damages which you cause to the accommodation or its contents. Please report these as soon as they occur. They do not normally charge for minor breakages, but may send you an invoice for repair or making good if the damage or breakage is significant, and we may make an additional charge.
  - The full deposit will be returned after your stay if:
    - Little Hiccups are not invoiced for any damage occured during your stay.
    - You have not cancelled outside of the acceptable time frame
- NB: If you have a problem paying the deposit, please contact Little Hiccups*
- Cancellations must be given a minimum of 4 weeks before the holiday start date so that there is opportunity to offer the holiday slot to the next family.

## Rosliston Forestry Centre Terms and Conditions of Hire

- Your lodge will be ready for you to check in from 3pm on day of hire and the latest checkout time is 10am on day of departure, unless prearranged with the management.
- A maximum of 2 dogs allowed in Cedar Lodge and Oak Lodge ONLY, and dogs must be kept on lead at all times around the vicinity of the cabins. Dogs are permitted in the park, but must be under control at all times and on a lead when on surfaced paths. Please make use of the dog litter bins, which are clearly marked on the centre's site map.
- A No Smoking policy exists within the cabins for the comfort of all future hirers.
- Please note all bed linen is provided, however, guests will need to provide their own towels.
- It is kindly requested that guests please strip the linen from all beds before departing the lodge. Thank you.
- We also provide complimentary eco friendly washing up liquid, washing powder, dishwasher tablets and surface cleaner. We encourage that you recycle where possible and provide coloured recycling bags for you to use.

- Cabin guests are requested to follow environmental practices as per arrival pack found in cabins.
- Please note the area around the cabin has limited lighting so we recommend you bring a torch for your safety.
- During wet or icy conditions, the decked area around the lodge can become very slippery. For your own safety, we recommend that you walk on the rubber matted areas.
- Cabin guests must familiarise themselves with and adhere to all fire precaution instructions and restrictions posted and displayed within the cabins.
- Use of fireworks, bonfires and Chinese lanterns is prohibited. Only use of the barbeques provided with your cabin is permitted and must be positioned a safe distance from the cabins and decked areas when in use. Guests are to provide coals and tools.